# CURRICULUM VITAE

# PERSONAL DATA Name:

Dr. Naveen Sukumaran Nair

21-10-1986

Changanasserry, Kottayam, Kerala, India

INDIAN

Punyaham, Pulimoodu, Ithithanam P O, Changansserry, Kottayam, Kerala 686535

Six Lakhs Indian Rupees Per Month in addition to Housing and travel benefits

One Lakh Fifty Thousand Per Month

0091-9495520435

0091-8075882354

Deputy Medical Superintendent –cum- Associate Professor in the Dept of Community Medicine at Mount Zion Medical College, Adoor since Januray 2020

dr.naveennair@ymail.com

**Date of Birth:**

# Place of Birth:

**Nationality:**

# Contact Address:

# Expected Salary:

# Current Salary:

**Tel (home):**

# Tel (Mobile):

**Current Designation:**

# Email:

1. **ACADEMIC/PROFESSIONAL PARTICULARS**

# Field of Specialization:

Community Health and Medical education

# Academic Qualifications

Degree : MD (Doctor of Medicine)

Major : Community Medicine

Year : 2016

University : Rajiv Gandhi University of Health Sciences

Country : INDIA

Dissertation Title: A Cross Sectional Study of the prevalence and patterns of Self Medication among adults residing in randomly selected rural area of Bangalore

# Academic Honors and Awards

Name of the Award : GOLD MEDALIST AND FORST RABNK HOLDER, Awarding Institution: Rajiv Gandhi University Of Health Sciences

Year : 2016

# Membership of Professional Bodies

Name of Professional Body : Indian Association of Preventive and Social medicine

Membership Grade : Life time Member

*Joining Date (MM/YY)* : June 2019

# Language Proficiency

List of spoken/written languages and level of proficiency

1. English : Proficient in reading and writing
2. Hindi : Proficient in reading and writing
3. Malayalam : Proficient in reading and writing
4. Chinese : Basic level speaking
5. **CAREER DETAILS**

# Public Service

Associate Co-ordinator of Pandemic Surveillance at District Administration, Pathanamthitta, Kerala from March 2020 – July 2020 during the CoViD- 19 pandemic in **association with WHO through its Consultant Mr. Rakesh (Mbl No: 0091-88459199)**

1. **Academic Positions Held**
2. Five Years As Casualty Medical Officer At Udayagiri Multi - /Specialty Hospital, Kottayam, India
3. Four Years As Post Graduate –Cum- Tutor At Rajarajeswari /Medical College And Hospital, Bangalore, India (2012 -2016)
4. One Year Assistant Professor At Mount Zion Medical College, Adoor, Kerala, India (June 2016 – April 2017)
5. One Year 6 months Assistant Professor At Dr. SMCSI Medical College, Thiruvananthapuram, Kerala, India (April 2017 – October 2018)
6. One Year Three months Assistant Professor At S R Medical College And Research Foundation, Varkala, India (October 2019 – January 2020)
7. Nine months Assistant Professor At Mount Zion Medical College, Adoor, Kerala, India (January 2020 – September 2020)
8. One Year Associate Professor At Mount Zion Medical College, Adoor, Kerala, India (September 2020 onwards)

# Professional/Industrial Positions Held

* 1. Four Years As Post Graduate –Cum- Tutor At Rajarajeswari /Medical College And Hospital, Bangalore, India (2012- 2016)
  2. One Year Assistant Professor At Mount Zion Medical College, Adoor, Kerala, India
  3. One Year Six months CHIEF MEDICAL OFFICER at Dr. SMCSI Medical College, Thiruvananthapuram, Kerala, India (April 2017 – October 2018)
  4. One Year Three months as DEPUTY MEDICAL SUPERINTENDENT At S R Medical College And Research Foundation, Varkala, India (October 2019 – January 2020)
  5. One Year Eight months as DEPUTY MEDICAL SUPERINTENDENT At Mount Zion Medical College, Adoor, Kerala, India India (January 2020 onwards)

1. **Administrative Positions Held** 
   * 1. One Year Three months as Deputy Medical Superintendent At S R Medical College And Research Foundation, Varkala, India (October 2019 – January 2020)
     2. One Year Eight months as Deputy Medical Superintendent At Mount Zion Medical College, Adoor, Kerala, India (January 2020 onwards)
2. **Teaching**
3. **Summary of Courses Taught**

Bachelor of Medicine and Bachelor of Surgery – 9 years

Bachelor of Vocational health - 1 year

# Participation in Academic Accreditation

Compulsory Residential Rotatory Internship – Coordinator – Mount Zion Medical College – March 2020 onwards

# Research Students Supervised/Trained

Level Number of Trainees

Postdoctoral Fellows PhD Students Master Students

Undergraduate Students 100

# Participation in Thesis and Oral Examination Committees

Level Number of Examinations

PhD Students Master Students

MBBS 02

# Training

1. Proficient in Offline teaching of UG students
2. Proficient in Offline teaching of PG students
3. Proficient in Offline Research Preparation of UG Students
4. Proficient in Offline Thesis Preparation of PG students
5. Well versed in Online teaching of UG students
6. **RESEARCH**
7. **Research Interests**

List of research interests in order of priority.

1. Medical Research
2. Community Surveys
3. National Health Programmes
4. Innovative teaching modalities
5. Use of IT in Medical teaching
6. Epidmeiological Surveys
7. Publications/Citations Data

Type of Publication Number of Publications Articles in International Refereed 01

Journals Conference Papers

Books/Book Chapters Edited Books

Patents

Others (specify) National Journals - 03

# Participation in Regional & International Conferences

**INTERNATIONAL CONFERENCE / SYMPOSIUM PARTICIPATED :**

1. Participated in the 56th **International Medical Sciences Academy Conference (IMSACON)** held at Rajarajeswari Medical College & Hospital, Bangalore on 5th & 6th October 2013
2. Participated in the **01st International Conference for Public Mental Health and Neurosciences** (ICPMN-2015) conducted by the **Sarvasumanna Association Bangalore** on 18th and 19th December 2014
3. Participated in the International symposium on **Gynaecological and Pre Cancer Registry** at **R V Dental College, Bangalore** on 12th November 2013.

**NATIONAL / STATE LEVEL CONFERENCES PARTICIPATED :**

1. **25th State level conference- KACHSILVERCON 2013** held at Bangalore Medical College & Research Institute, Bangalore on 30th November & 1st December 2013 (credit hours 4)
2. **XII Annual Conference of IAG-GERICON 2014** organised by PES University, Kuppamon 10th & 11th October 2014. (credit hours 4)

**WORKSHOPS / CME/ SYMPOSIUM PARTICIPATED :**

1. Attended **CME on Outbreak Investigation – Steps and Methods** held at RajaRajeswari Medical College and Hospital, Bangalore on 31st August 2013.
2. Attended the **PG Refresher course-2013** held at Rajarajeswari Medical College & Hospital, Bangalore on 4th & 5th September 2013
3. Attended the CME on **Diabetes** held at Rajarajeswari Medical College & Hospital, Bangalore on 14th November 2013
4. Attended the CME on **Inborn Errors of Metabolism & Recent Advances in Screening Methods** held at Rajarajeswari Medical College & Hospital, Bangalore on 12th December 2013
5. Attended the CME **on occasion of World Leprosy Day 2014** held at Rajarajeswari Medical College & Hospital, Bangalore on 24th January 2014
6. Attended the CME on **Critical Adolescent Health Issues- Initiative to improve Adolescent Health** held at Dr B R Ambedkar Medical College, Bangalore on 7th March 2014
7. Attended the CME **Tuberculosis on occasion of World Tuberculosis Day 2014** held at Rajarajeswari Medical College & Hospital, Bangalore on 26th March 2014
8. Participated in the workshop on **Infectious Disease Epidemiology & Health Protection** held at Rajarajeswari Medical College & Hospital, Bangalore from 12th to 16th May 2014
9. Attended the **PG Refresher course 2014- Skill Development for Community Health Professionals** at SSMC, Tumkur on 05th and 06th August 2014.
10. Attended the CME **Tuberculosis on occasion of World Tuberculosis Day 2015** held at Rajarajeswari Medical College & Hospital, Bangalore on 264h March 2015
11. Attended the CME **on occasion of World Health Day 2015** held at Rajarajeswari Medical College & Hospital, Bangalore on 09th April 2015
12. Attended the **Research Methodology Workshop** held at Rajarajeswari Medical College & Hospital, Bangalore on 05th and 06th August 2015
13. Participated in the workshop on **Infectious Disease Epidemiology & Health Protection** held at Rajarajeswari Medical College & Hospital, Bangalore from 05th to 09th October 2015.
14. **SERVICE**
15. **Membership of Institutional, National, or International Scientific Advisory Boards**

Lifetime Member of Indian Association of Preventive and Social Medicine since June 2019.

# Membership of Conference Committees

1. Participated in Quiz on occasion of World Breast Feeding Week at RRMCH, Bangalore in the month of August 2013.
2. Conducted “QUIZZOPHRENIA” for the UG students on occasion of World Tuberculosis Day 2014.
3. Conducted Poster and Collage Competitions for the UG students on occasion of World Tuberculosis Day 2015.
4. Participated in the Thematic Poster Designing Competition on occasion of World AIDS Day 2013 (KACHCON-2014)
5. Conducted “EXPLORO 2017” State Level POST GRADUATE REFRESHER COURSE at Dr. SMCSI Medical College, Thiruvananthapuram.
6. Conducted “PARISTHITHI” Student Conclave on Environmental Protection at Dr. SMCSI Medical College, Thiruvanathapuram in the year 2018.
7. Conducted “MADHURAM MATHRUTHWAM” Student Conference on Breastfeeding Values at S R Medical College, Varkala in the year 2019.

# Invited Presentations at Scientific Meetings/Workshops

|  |  |  |  |
| --- | --- | --- | --- |
| Sl. No | Type | Event | Place |
| 1 | Oral | Karnataka Association of Community Health, Bangalore | Bangalore |
| 2 | Poster | National Geriatric Conference | Bangalore |
| 3 | Oral | International Conference for Public Mental Health and Neurosciences | Bangalore |

# University Service

1. Compulsory Residential Rotatory Internship – Coordinator – Mount Zion Medical College – March 2020 Onwards
2. One Year Academic Coordinator At S R Medical College And Research Foundation, Varkala, India

# Public Service

Associate Co-ordinator of Pandemic Surveillance at District Administration, Pathanamthitta, Kerala from March 2020 – July 2020 during the CoViD- 19 pandemic in association with WHO through its Consultant Mr. Rakesh (Mbl No: 0091-88459199)

1. **List of Publications** *(in chronological order, starting with most recent )*
2. **International Refereed Journals** *(Published or Accepted only!)*

Authors, Title of Article, Name of Journal, Publisher (Country), Pages,

Year

1. Stress, Anxeity and depression among students of selected Medical and Enginnering colleges, Bangalore – A Comparative Study. **Naveen S,**  Swapna M, Jayanth Kumar K, Shashikala Manjunatha. International Journal Of Public Mental Health And Neurosciences. 2015 August ;2(2):14-18

# Conference Papers

Authors, Title of Article, Name of Conference/Workshop/Symposium/ Forum, City & Country, Dates, Publisher (Country), Pages, Year

* 1. Prevalence of Stress, Anxeity and depression among Medical Students – A Cross Sectional Study. **Naveen S,** Swapna M, Shashikala Manjunatha; Karnataka Association of Community Health Conference 2013 at Bangalore Medical College and Research Institute, Bangalore on 5th & 6th October 2013 (Oral category)
  2. Chronic Morbidity profile and health seeking behavior among inmates of Old Age Homes in the field practice area of Rajarajeswari Medical College & Hospital, Bangalore. **Naveen S,** Jayanth Kumar K at 12th Annual National Conference of IAG- GERICON 2014 on 27th September 2014 (Poster category)
  3. Stress, Anxeity and depression among students of selected Medical and Enginnering colleges, Bangalore – A Comparative Study. **Naveen S,**  Swapna M, Jayanth Kumar K at 1st International Conference on Public Mental Health and Neurosciences, Bangalore from 18th to 19th December 2014. (Oral category)

# Other Publications

Authors, Title , Publisher (Country), Pages, Year

1. Stress, Anxeity and depression among students of selected Medical and Enginnering colleges, Bangalore – A Comparative Study. **Naveen S,**  Swapna M, Jayanth Kumar K, Shashikala Manjunatha. International Journal Of Public Mental Health And Neurosciences. 2015 August ;2(2):14-18
2. Prevalence of dental Fluorosis among children aged 12 to 17 years in an endemically affected area of Rural Bangalore – a Cross Sectional study.Padma K Bhat , Jayachandra M Y, Amrita K, Jayanth Kumar K, **Naveen S Nair**. IOSR Journal of Dental and Medical Sciences. 2016 January;4(1):34-37
3. Prevalence of obesity and overweight among adolescent school going children in Ramnagar district, Karnataka state, India : Under Preparation
4. Vidusha K, **Nair Naveen**, Manjunatha S. Health problems prevailing among the female workers in a garment factory, Bengaluru [Internet]. Semanticscholar.org. 2021 [cited 30 April 2021]. Available from: [https://www.semanticscholar.org/paper/Health-problems-prevailing-among-the-female-workers-Vidusha Nair/f54cf98fc7fd483cefb3b4556c88a2b655b53bf8](https://www.semanticscholar.org/paper/Health-problems-prevailing-among-the-female-workers-Vidusha%20Nair/f54cf98fc7fd483cefb3b4556c88a2b655b53bf8)
5. **Nair Naveen**, Vidusha K. Prevalence and Patterns of Self Medication among Adults of Randomly Selected Villages in Rural Bangalore – A Cross Sectional Study [Internet]. Njcmindia.org. 2021 [cited 30 April 2021]. Available from: <http://www.njcmindia.org/home/abstrct/1473/>
6. **References**

Provide the Names and Contact Information of at Least 3 References

* 1. Dr. Shashikala Manjunatha,

Professor and Head,

Dept. of Community Medicine,

RajaRajeswari Medical College and Hospital, Bangalore

* 1. Dr. Jayanthkumar K,

Professor and Ex HOD,

Dept. of Community Medicine,

MSRMC, Bangalore

* 1. Dr. B G Parasuramalu,

Professor and Ex HOD,

Dept. of Community Medicine,

KIMS, Bangalore

* 1. Dr. Subrahmanya B P,

Surveillance Medical Officer and Consultant to the WHO,

Bangalore