



DR. NAJEEB UR RAHMAN

MBBS, FCPS (NEPHROLOGY) CONSULTANT
NEPHROLOGIST

ADDUE EQUATORIAL HOSPITAL

PHONE:

+923451918275
+9609179433
+9607501987

EMAIL:

najeebshahpuri@gmail.com

LANGUAGES:

- ❖ English
- ❖ Spanish
- ❖ Urdu
- ❖ Pushto

INTRODUCTION

The qualities of a professional Nephrologist include proven years of experience in teaching and practicing kidney health. He should be a successful individual who possesses substantial skills in teaching, treating various kinds of kidney diseases. My main objective is to prevent acute kidney injury and optimize chronic kidney disease patient. Nephrology care means optimization of diabetes mellitus, hypertension and day to day prescribed medicines causing renal injury. To achieve maximum level of excellence in treating dialysis patients and taking care of transplant patients.

PERSONAL DETAILS

Full Name	NAJEEB UR RAHMAN
Father's Name	AJMAEEN KHAN
DOB	15 MARCH 1987
Nationality	PAKISTANI
City	SHANGLA
Marital Status	MARRIED
CNIC	15501-2197868-7
Speciality	NEPHROLOGY
Home Address	VILLAGE AND PO BOX SHAHPUR TEHSIL ALPURI DISST: SHANGLA KPK PAKISTAN
Mobile / Whatsapp	+923451918275
Email	najeebshahpuri@gmail.com
SKYPE	najeebshahpuri@gmail.com

MEDICAL COUNCIL REGISTRATION

NAME	REGISTRATION NUMBER
Pakistan Medical and dental Council (www.pmdc.pk)	21330-N
Fellowship number/College of Physicians and Surgeons Pakistan(www.cpsc.edu.pk)	NEP-23-34431
Maldives Medical and Dental Council	TMR 6055

ACADEMIC QUALIFICATIONS

DEGREE	NAME OF INSTITUTE/MEDICAL COLLEGE	YEAR OF GRADUATION
FCPS	INSTITUTE OF KIDNEY DISEASES HAYATABAD PESHAWAR, PAKISTAN	2023
HOUSEJOB/RMP	MTI/ AYUB MEDICAL COMPLEX ABBOTABAD PAKISTAN	2014-2015
MBBS	AYUB MEDICAL COLLEGE PAKISTAN	2008-2014
FSC PRE-MEDICAL	B.I.S.E SWAT	2006
MATRIC	B.I.S.E SWAT	2004

PROFESSIONAL SOCIETY MEMBERSHIP

MEMBER PAKISTAN SOCIETY OF NEPHROLOGY

INTERNATIONAL SOCIETY OF NEPHROLOGY

CURRENT PROFESSIONAL EMPLOYMENT HISTORY

Post /Title:	Consultant Nephrologist
Dates (From-To):	5 th November 2023 till to date
Type of post	Full Time
Details of Job/Hospital	Addu Equatorial Hospital, S.Hithadhoo, Maldives

JOB DESCRIPTION AND LEVEL OF SUPERVISION

Diagnosing, treating and managing patients with kidney diseases and disorders, conducting regular assessment of patients with kidney diseases and disorders to determine their treatment progress and recommend modifications to treatment plans when necessary. Prescribing medications and recommending dietary modifications to manage kidney diseases and disorders. Creating and maintaining accurate patients' medical records, documenting patient's medical histories and progress of their treatment plans.

Consulting with other healthcare professionals to coordinate treatment plans, recommend diagnostic tests and procedures, and provide referral services for patients. Providing education and support to patients and their families to help them better understand their kidney diseases or disorders and manage their conditions effectively.

PAST WORKING EXPERIENCES

- Senior medical officer nephrology / transplant unit (28 march 2018 to 31 July 2021) at Rehman medical institute Peshawar Pakistan.
- Post Graduate Resident in nephrology (1st July 2018 to 30th June 2021) at IKD Peshawar.
- Post Graduate Resident in Internal Medicine (1st July 2016 to 30th June 2018) at SGTH Swat.
- Medical Officer (1st July 2021 to 31st July 2023) at Health Department KPK.
- Consultant Nephrologist at Shifa foundation Islamabad Pakistan.

PUBLICATIONS

- Frequency of vitamin D3 Deficiency in CKD patients presenting to dialysis IDK Peshawar.
- Prevalence of Cutaneous Manifestations in Chronic Kidney Disease (CKD) patients presenting to Nephrology Division at Khyber Teaching Hospital, Peshawar.

TEACHING SKILLS

- Lead Tutor and Coordinator, advised skills in Nephrology interview techniques.
- Tutor to Undergraduate students of dialysis.
- Experience of Teaching nephrology to students of MBBS, dialysis technologists for many years.
- Expertise in conducting interviews and clinical examinations.

RECENT PRESENTATIONS

- Contrast induced Nephropathy.
- Recent treatment guideline of hypertension.
- Should Psychiatrists be more cautious about long-term use of antipsychotics?
- Cultural Engagements and Cognitive reserve.
- Shining the light on eating disorders, incidence, prognosis and profiling of patients in primary and secondary care.

OTHER SKILLS

- Cannulation Pleural Tap.
- Ascitic Tap.
- Nasogastric Tube.
- Intubation.
- Insertion of Central Venous Line.
- CRRT
- Paracentesis.
- Incision and Drainage.

- Wound debridement.
- Dressing Bandaging.
- Foreign Body Removal.
- Preoperative and Postop Management of Surgical Patients.

COMMUNICATION SKILLS

- Physical assessments.
- Progress report preparation.
- Needs assessments.
- Individual and group therapy.
- Outreach programming.
- Treatment administration.
- Treatment planning.
- Written Communication.

CLINICAL SKILLS

Management in Nephrology

- Taking detail history.
- Patient examination and requesting laboratory and radiological investigations.
- Prescribing medicines.
- Active involvement in patient care.
- Taking daily dialysis rounds.

Documentation in Nephrology

- Taking and writing detailed histories of all patients and writing progress notes and formulations.
- Educated, amended and adjusted requires documentation, ie: progress notes, group notes, psychological assessments, service plans etc.
- Documented and updated patient information, including listing of medications prescribed and the most recent diagnosis and physician order for patients.
- Provision of appropriate informational care and psychoeducation to the family members with the need for proper compliance and follow up, documenting all visits.
- Analyzing and documenting appropriate risk assessment measures to high risk cases.

REFERENCES

REFREES'S NAME	HOSPITAL AND JON TITLE
Dr. Sultan Zaffar Akhtar	Professor of Nephrology IKD Peshawar. (sultanzaffar3@gmail.com)
Dr. Mazhar Ul Haq	Assistant professor Nephrology IKD Peshawar (mazharulhaq655@gmail.com)
Dr. Irfan Mirza	Assistant professor Nephrology RMI Peshawar. (irfan.mirza@rmi.edu.pk)

Further reference will be furnished when needed