



## **DR. NAJEEB UR RAHMAN**

MBBS, FCPS (NEPHROLOGY) CONSULTANT  
NEPHROLOGIST

ADDUE EQUATORIAL HOSPITAL

### **PHONE:**

+923451918275

+9609179433

+9607501987

### **EMAIL:**

[najeebshahpuri@gmail.com](mailto:najeebshahpuri@gmail.com)

### **LANGUAGES:**

- ❖ English
- ❖ Spanish
- ❖ Urdu
- ❖ Pushto

## **INTRODUCTION**

The qualities of a professional Nephrologist include proven years of experience in teaching and practicing kidney health. He should be a successful individual who possesses substantial skills in teaching, treating various kinds of kidney diseases. My main objective is to prevent acute kidney injury and optimize chronic kidney disease patient. Nephrology care means optimization of diabetes mellitus, hypertension and day to day prescribed medicines causing renal injury. To achieve maximum level of excellence in treating dialysis patients and taking care of transplant patients.

## **PERSONAL DETAILS**

|                   |   |
|-------------------|---|
| Full Name         | NAJEEB UR RAHMAN  |
| Father's Name     | AJMAEEN KHAN  |
| DOB               | 15 MARCH 1987   |
| Nationality       | PAKISTANI   |
| City              | SHANGLA   |
| Marital Status    | MARRIED   |
| CNIC              | 15501-2197868-7   |
| Speciality        | NEPHROLOGY  |
| Home Address      | VILLAGE AND PO BOX SHAHPUR TEHSIL ALPURI<br>DISST: SHANGLA KPK PAKISTAN |
| Mobile / Whatsapp | +923451918275   |
| Email             | najeebshahpuri@gmail.com  |
| SKYPE             | najeebshahpuri@gmail.com  |

## **MEDICAL COUNCIL REGISTRATION**

| NAME   | REGISTRATION NUMBER |
|--|---------------------|
| Pakistan Medical and dental Council (www.pmdc.pk)                              | 21330-N             |
| Fellowship number/College of Physicians and Surgeons Pakistan(www.cpsp.edu.pk) | NEP-23-34431        |
| Maldives Medical and Dental Council  | TMR 6055            |

## **ACADEMIC QUALIFICATIONS**

| DEGREE          | NAME OF INSTITUTE/MEDICAL COLLEGE                        | YEAR OF GRADUATION |
|-----------------|--|--------------------|
| FCPS            | INSTITUTE OF KIDNEY DISEASES HAYATABADPESHAWAR, PAKISTAN | 2023               |
| HOUSEJOB/RMP    | MTI/ AYUB MEDICAL COMPLEX ABBOTABAD PAKISTAN             | 2014-2015          |
| MBBS            | AYUB MEDICAL COLLEGE PAKISTAN                            | 2008-2014          |
| FSC PRE-MEDICAL | B.I.S.E SWAT   | 2006               |
| MATRIC          | B.I.S.E SWAT   | 2004               |

## **PROFESSIONAL SOCIETY MEMBERSHIP**

|                                       |
|---------------------------------------|
| MEMBER PAKISTAN SOCIETY OF NEPHROLOGY |
| INTERNATIONAL SOCIETY OF NEPHROLOGY   |

## **CURRENT PROFESSIONAL EMPLOYMENT HISTORY**

|                         |   |
|-------------------------|---|
| Post /Title:            | Consultant Nephrologist                         |
| Dates (From-To):        | 5 <sup>th</sup> November 2023 till to date      |
| Type of post            | Full Time                                       |
| Details of Job/Hospital | Addu Equatorial Hospital, S.Hithadhoo, Maldives |

## **JOB DESCRIPTION AND LEVEL OF SUPERVISION**

Diagnosing, treating and managing patients with kidney diseases and disorders, conducting regular assessment of patients with kidney diseases and disorders to determine their treatment progress and recommend modifications to treatment plans when necessary. Prescribing medications and recommending dietary modifications to manage kidney diseases and disorders. Creating and maintaining accurate patients' medical records, documenting patient's medical histories and progress of their treatment plans.

Consulting with other healthcare professionals to coordinate treatment plans, recommend diagnostic tests and procedures, and provide referral services for patients. Providing education and support to patients and their families to help them better understand their kidney diseases or disorders and manage their conditions effectively.

## **PAST WORKING EXPERIENCES**

- Senior medical officer nephrology / transplant unit (28 march 2018 to 31 July 2021) at Rehman medical institute Peshawar Pakistan.
- Post Graduate Resident in nephrology (1<sup>st</sup> July 2018 to 30<sup>th</sup> June 2021) at IKD Peshawar.
- Post Graduate Resident in Internal Medicine (1<sup>st</sup> July 2016 to 30<sup>th</sup> June 2018) at SGTH Swat.
- Medical Officer (1<sup>st</sup> July 2021 to 31<sup>st</sup> July 2023) at Health Department KPK.
- Consultant Nephrologist at Shifa foundation Islamabad Pakistan.

## **PUBLICATIONS**

- Frequency of vitamin D3 Deficiency in CKD patients presenting to dialysis IDK Peshawar.
- Prevalence of Cutaneous Manifestations in Chronic Kidney Disease (CKD) patients presenting to Nephrology Division at Khyber Teaching Hospital, Peshawar.

## **TEACHING SKILLS**

- Lead Tutor and Coordinator, advised skills in Nephrology interview techniques.
- Tutor to Undergraduate students of dialysis.
- Experience of Teaching nephrology to students of MBBS, dialysis technologists for many years.
- Expertise in conducting interviews and clinical examinations.

## **RECENT PRESENTATIONS**

- Contrast induced Nephropathy.
- Recent treatment guideline of hypertension.
- Should Psychiatrists be more cautious about long-term use of antipsychotics?
- Cultural Engagements and Cognitive reserve.
- Shining the light on eating disorders, incidence, prognosis and profiling of patients in primary and secondary care.

## **OTHER SKILLS**

- Cannulation Pleural Tap.
- Ascitic Tap.
- Nasogastric Tube.
- Intubation.
- Insertion of Central Venous Line.
- CRRT
- Paracentesis.
- Incision and Drainage.

- Wound debridement.
- Dressing Bandaging.
- Foreign Body Removal.
- Preoperative and Postop Management of Surgical Patients.

## **COMMUNICATION SKILLS**

- Physical assessments.
- Progress report preparation.
- Needs assessments.
- Individual and group therapy.
- Outreach programming.
- Treatment administration.
- Treatment planning.
- Written Communication.

## **CLINICAL SKILLS**

### **Management in Nephrology**

- Taking detail history.
- Patient examination and requesting laboratory and radiological investigations.
- Prescribing medicines.
- Active involvement in patient care.
- Taking daily dialysis rounds.

### **Documentation in Nephrology**

- Taking and writing detailed histories of all patients and writing progress notes and formulations.
- Educated, amended and adjusted requires documentation, ie: progress notes, group notes, psychological assessments, service plans etc.
- Documented and updated patient information, including listing of medications prescribed and the most recent diagnosis and physician order for patients.
- Provision of appropriate informational care and psychoeducation to the family members with the need for proper compliance and follow up, documenting all visits.
- Analyzing and documenting appropriate risk assessment measures to high risk cases.

## REFERENCES

| REFREES'S NAME           | HOSPITAL AND JON TITLE   |
|--------------------------|--|
| Dr. Sultan Zaffar Akhtar | Professor of Nephrology IKD Peshawar. ( <a href="mailto:sultanzaffar3@gmail.com">sultanzaffar3@gmail.com</a> )         |
| Dr. Mazhar Ul Haq        | Assistant professor Nephrology IKD Peshawar ( <a href="mailto:mazharulhaq655@gmail.com">mazharulhaq655@gmail.com</a> ) |
| Dr. Irfan Mirza          | Assistant professor Nephrology RMI Peshawar. ( <a href="mailto:irfan.mirza@rmi.edu.pk">irfan.mirza@rmi.edu.pk</a> )    |

**\*\*Further reference will be furnished when needed\*\***