

## CURRICULUM VITAE



***M. NABEEL NAZAR***  
**MDS (Oral & Maxillofacial Surgery),**  
**MOMS RCPS (Glasgow, UK)**

## PERSONAL DATA

Name:	M. Nabeel Nazar
Date of Birth:	April 28, 1986
Place of Birth:	Trivandrum, Kerala, India
Citizenship:	Indian
Home Address:	No. 60/37, Dennison Road, Nagercoil
Now Residing at :	No. 1B2, Arihant Esta, Church Road, Mogappair East, Chennai, Tamil Nadu, India
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Languages	English, Tamil, Malayalam, Learning Arabic
Marital Status	Married
Spouse	Dr. Soudha Sadhiya MBBS, MS (Otorhinolaryngology)

## EDUCATION - BDS, MDS, MOMS RCPSG

- |           |   |
|-----------|---|
| 2009-2012 | <b>Master of Dental Surgery (M.D.S - Oral and Maxillofacial Surgery),</b><br>Saveetha University, Tamil Nadu, India   |
| 2012      | Membership in Oral and Maxillofacial Surgery, Royal College of Physicians and Surgeons, Glasgow ( <b>MOMS RCPSG</b> ) |
| 2003-2009 | <b>Bachelor of Dental Surgery (BDS),</b><br>The Tamil Nadu Dr. M.G.R.Medical University, India                        |

### *Special Training Programs:*

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| 2016 | <b>American Heart Association (AHA) accredited Advanced Cardiovascular Life Support (ACLS),</b> TACT Academy, Chennai, India   |
| 2012 | Three days hands on course on microscopic and advanced rotary and reciprocating endodontics by Dr. Prasanna Neelakantan Impressions Microscope Enhanced Center, Chennai, India |
| 2011 | American Heart Association accredited Advanced Cardiovascular Life Support (ACLS), TACT Academy, Chennai, India  |
| 2010 | Workshop on American Heart Association BLS Provider Course, TACT Academy, Chennai, India   |
| 2009 | Workshop on Basic Life Support, TACT Academy, Chennai, India   |

## EXPERIENCE IN ACADEMICS AND TEACHING

### Teaching Positions

- 2017 April to present - **READER (Assistant Professor)**

Department of Oral and Maxillofacial Surgery  
Saveetha Dental College and Hospitals, Chennai

- 2013 June to 2017 March - **SENIOR LECTURER**

Department of Oral and Maxillofacial Surgery,  
Saveetha Dental College and Hospitals, Chennai

### Responsibilities:

- Post-graduate Guide for Thesis, Library Dissertation and Short-term Research projects
  - Training Post-graduation students with Seminars, Literature reviews
  - Chair - Local Anesthesia Modules for Undergraduate students
  - Surgical training of Maxillofacial Surgical procedures to Post-graduate Students
  - Clinical teaching of Minor Oral Surgical Procedures to Interns
  - Under-graduate clinical teaching, lectures (Flip Classes and MILA based teaching) in Oral surgery and Medical Emergencies to 3rd and 4th year students, problem based learning seminars and evaluation
  - eBooks on Oral Surgery, Medical Emergencies and Dental Armamentarium
  - Organising Scientific conferences, Workshops and CME programs
- 2013 Jan to May - **SENIOR LECTURER**

Department of Oral and Maxillofacial Surgery,  
Priyadarshini Dental College and Hospitals, Chennai

### Responsibilities:

Undergraduate clinical teaching, didactics and evaluation

## EXPERIENCE IN SURGICAL TRAINING POST MDS

- 2013 June to present      Oral and Maxillofacial Surgeon,  
Saveetha Dental College Hospitals,  
Chennai

### Duties

Handling Outpatient Clinic  
Performing Minor Oral Surgical Procedures under Local Anesthesia  
Performing Maxillofacial Surgical Procedures under General Anesthesia

### Surgical Training

#### **A.      Independently performed**

Maxillofacial trauma ( including paediatric trauma)  
Dentoalveolar and Minor Oral Surgical Procedures  
Management of Space infections of Head and Neck region

#### **B.      Performed Under Supervision**

Orthognathic Surgery

#### **C.      Assisted**

Temporomandibular Joint Surgery  
Oral Oncology Resection and Reconstruction  
Benign Tumor Resection  
Cleft Lip and Palate Surgery

## **AWARDS AND HONORS**

Workaholic Faculty Award, Saveetha Dental College - August 2016 to February 2017

Best Clinical Training Award, Saveetha Dental College - August 2016 to February 2017

Best Surgical Training Award, Saveetha Dental College - October 2015 to October 2016

Most Punctual Faculty Award, Saveetha Dental College - October 2015 to March 2016

Workaholic Faculty Award, Saveetha Dental College - October 2015 to March 2016

Most Punctual Faculty Award, Saveetha Dental College - April 2016 to June 2016

Best Clinical Teacher Award, Saveetha Dental College- March to August 2014

## **PATENT**

**NN Oral Surgical Retractor** - A novel surgical retractor for use in minor oral surgical procedures

## **PUBLICATIONS**

1. Atraumatic extractions: A revolution in exodontia - A review. **International Journal of Clinical Dentistry** 2019; 12(3): 188-200
2. Evaluation of microbial count on air water syringes in dental clinics. **International Journal of Clinical Dentistry** 2019; 12(2): 107-116
3. Microbial Analysis of Dento-alveolar bone immediately after extraction. **Indian Journal of Public Health Research and Development** 2019; 10(5): 141-145
4. Antibiotic prophylactic activity of pomegranate juice on oral bacteria as a pre-procedural rinse. **Drug Invention Today** 2018; 10(4): 3443-3445
5. Role of anti-anxiety drugs in patient co-operation during minor surgical procedure. **Research Journal of Pharmacy and Technology** 2018; 11(8):3389-3391
6. Comparative Evaluation of the Efficacy of Intraligamentary and Supraperiosteal Injections in the Extraction of Maxillary Teeth: A Randomized Controlled Clinical Trial. **Journal of Contemporary Dental Practice** 2018;19(9):1-5.

7. Awareness Of Dosage And Complications Of Local Anaesthesia Among Dental Practitioners- A Survey. **International Journal of Current Advanced Research** Vol 6, Issue 04, pp 3153-3155, April 2017
8. Patients Attitude Towards Extraction Of Third Molar- A Questionnaire Based Study. **International Journal of Current Advanced Research** Vol 6, Issue 04, pp 3306-3308, April 2017
9. Prophylactic removal of third molars. **International Journal of Clinical Dentistry**, **International Journal of Clinical Dentistry** 2016; 9(2): 129-134.
10. Aspirin and Dental Extractions: Still a myth? **International Journal of Pharmaceutical and Clinical Research** 2015;7:109-112
11. Efficacy of post-operative oral tramadol and diclofenac sodium on pain relief following mandibular third molar surgery: A double blind, randomized controlled trial. **Journal of Pain management** 2014;7:137-145
12. Treatment modalities for mandibular angle fractures. **International Journal of Clinical Dentistry** 2014;7(1):29-38
13. Analgesics following mandibular third molar surgery. **International Journal of Pharmaceutical and Clinical Research** 2014;6:13-19
14. Efficacy of lignocaine in dental extractions. **International Journal of Pharma and Bio Sciences** 2014; 5 :457 – 465
15. Cross infection control in dentistry. **Research Journal of Pharmaceutical, Biological and Chemical Sciences** 2014;5:650-657
16. Complications following mandibular third molar surgery. **International Journal of Clinical Dentistry** 2014;7(4):337-346
17. Ethnopharmacological approach in Endodontic Treatment: A Focused Review. **International Journal of Drug Development and Research** 2011; 3: 68-77

## AREAS OF INTERESTS

1. Dento-Alveolar Surgery
2. Maxillofacial Trauma
3. Orthognathic Surgery
4. Odontogenic Infections

5. Head and Neck Oncology

## PROFESSIONAL ACTIVITIES

**A. Professional Associations**

2012-Present    Life Member, Association of Oral and Maxillofacial Surgeons of India

**B. Editorial Board of Scholarly Journals**

Reviewer, *Journal of Clinical and Diagnostic Research*  
Reviewer, *Research Journal of Pharmacy and Technology*

**C. Lecture Delivered**

2018              Surgical removal of impacted mandibular third molar,  
                         at Tagore Dental College and Hospitals

2017              Patient Evaluation and Diagnosis, Symposium/Workshop on  
                         Orthognathic Surgery, Saveetha Dental College.

**D. Scientific Paper Presentation**

2018              **Mucoepidermoid Carcinoma - A rare variant,**  
                         43rd AOMSI National Conference, Chennai

**Vertical subsigmoid ramus osteotomy for correction of facial**  
                         **deformity,**  
                         **SHOWCASE 2018**

2016              **Condylar Hyperplasia,**  
                         **SHOWCASE 2016**

2014              **Tongue Flap and alveolar bone grafting in closure of**  
                         **secondary cleft deformity**  
                         ISDR (Indian Society of Dental Research) conference.

2012              **Efficacy of Oral Tramadol and Diclofenac sodium on post-**  
                         **operative pain relief following surgical removal of impacted**  
                         **mandibular third molars**



Training for Trainers program RCPS(Glasgow), Saveetha Dental College

E. **Program Administration**

2018	Organising Committee, CLEFT 2K18 (CDE on Cleft lip & Palate)
2018	Organising Committee, SHOWCASE 2018
2018	Organising Committee, ORBIT 2k18 (CDE on Orbital Trauma)
2017	Organising Committee, Orthognathic Symposium and Workshop
2017	Organising Committee, SNELSCON 2017 ( Saveetha National Emergency Life Support Conference)
2016	Organising Committee, CDE on Medical Emergencies in Dentistry
2016	Organising Committee, CDE on Oro-facial Pain
2015	Co-Chair of Scientific Committee, SHOWCASE International Case Reports Conference, Chennai
2014	Member, Core Committee, Indian Society for Dental Research (IADR - India Division) Annual conference, Chennai, India

F. **Scientific Session Chairing**

2018	Moderator - Surgical Extraction of Impacted third molars, Surgical Workshop at Tagore Dental College & Hospitals
2015	Chairperson – Clinical Society Meeting, Saveetha Dental College
2014	Chairperson – Oral Surgery Session, ISDR Conference.

G. **Conferences Attended**

2018	43rd AOMSI National Conference, Chennai
	AOCMF Focused seminar - Principles in Orbital fundamentals, Chennai

CLEFT 2K18, Saveetha Dental College, Chennai

SHOWCASE 2018, Saveetha Dental College, Chennai

ORBIT 2k18, Saveetha Dental College, Chennai

- 2017      Symposium/Workshop on Orthognathic Surgery, Saveetha Dental College.
- SNELSCON 2017 ( Saveetha National Emergency Life Support Conference)
- 2016      Chronic Orofacial Pain - LEC-DEMS, Saveetha Dental College.
- SHOWCASE
- Medical Emergencies in Dentistry, Saveetha Dental College.
- 2015      SHOWCASE
- 2014      ISDR(Indian Society of Dental Research) Conference
- Surgical Techniques in management of Oral Cancer, Adyar Cancer Institute
- 2012      Evidence Based training for trainers, RCPS(Glasgow), Saveetha Dental College
- 2011      Ramachandra Oral & Maxillofacial Education, Sri Ramachandra Dental College
- 2010      35th annual Conference of AOMSI(Association of Oral Maxillofacial Surgeons of India), Coimbatore
- Evidence Based training for trainers, RCPS(Glasgow) at Saveetha Dental College
- 6th TOMA Conference, Sree Balaji Dental College
- Continuing Dental Education on Rhinoplasty and post cleft deformities, Saveetha Dental College

2009      34th annual conference of AOMSI(Association of Oral & Maxillofacial Surgeons of India) & 1st joint meeting with BAOMS(British Association of Oral & Maxillofacial Surgeons), Cochin

Vinsurg Oral & Maxillofacial Surgery Conference, Vinayaka Mission Dental College, Salem

Ramachandra Oral & Maxillofacial Education, Sri Ramachandra Dental College